

VITANICA® ~ RAUWOLFIA EXTRA™



Our Rauwolfia formula provides botanicals and nutrients well known to maintain healthy blood pressure, already in a healthy range, and support a healthy cardiovascular system.

Featured Ingredients:

- **Magnesium** is one of the best nutrients indicated to maintain healthy blood pressure, already in a healthy range, and **Riboflavin (B2)** is also shown to be supportive
- **Rauwolfia serpentina**, or Indian snake root, is a well-known traditional herb for maintaining and supporting healthy blood pressure
- **Grape seed** can promote the production of nitric oxide, which promotes a relaxing effect in the arteries; **Passionflower** promotes calming as well
- Other supportive botanicals: **Olive leaf, Garlic, Hawthorn berry, Hibiscus flower** and **Dandelion leaf**

Indications: Maintains healthy blood pressure with botanicals and nutrients known to support the strength and elasticity of the cardiovascular system.

Suggested Use: One (1) capsule, up to three times daily, or as directed by your healthcare practitioner.

Size ~ 90 caps; UPC code ~ 7-08118-01155-9

Size ~ 180 caps; UPC code ~ 7-08118-01156-6

Contact ~ 800.572.4712; email ~ info@vitanica.com

Supplement Facts

Serving Size 1 Capsule, 180 Servings per Container

Amount per Serving		% Daily Value
Riboflavin (Vitamin B2) (as riboflavin-5-phosphate)	0.53 mg	40
Magnesium (as citrate)	35 mg	8
Olive (<i>Olea europaea</i>) leaf extract	165 mg	†
Garlic (<i>Allium sativum</i>) bulb (10,000 ppm allicin potential)	165 mg	†
Snakeroot (<i>Rauwolfia spp.</i>) extract	100 mg	†
Hawthorn (<i>Crataegus oxycantha</i>) berry extract	30 mg	†
Hibiscus (<i>Hibiscus sabdariffa</i>) flower	25 mg	†
Grape (<i>Vitis vinifera</i>) seed extract	25 mg	†
Dandelion (<i>Taraxacum officinale</i>) leaf extract (4:1)	25 mg	†
Terminalia arjuna (<i>Terminalia arjuna</i>) bark extract	15 mg	†
Passionflower (<i>Passiflora incarnata</i>) herb extract (4:1)	15 mg	†
Co-enzyme Q10	10 mg	†

† Daily Value not established

Other ingredients: Vegan capsule (hydroxypropyl methylcellulose, water), silica, L-leucine.