

VITANICA® ~ OVULATION ASSIST®

Ovulation Assist® offers adaptogenic botanicals in support of healthy and normal ovulation by supporting the hypothalamic-pituitary-ovarian-adrenal axis.

Featured Ingredients:

- **Shatavari** is an Ayurvedic herb traditionally used as a female health tonic; it offers antioxidant and hormone balancing support with stress management benefits and is calming for the uterus
- **Tribulus** promotes healthy testosterone production and therefore healthy ovarian reserves; supports normal ovulation function
- **Chaste tree berry** promotes optimal hormone balance, normal ovulation and good communication between the brain and ovaries
- **Rhodiola rosea** promotes normal and healthy ovulation as well as optimal adrenal function and supports wellbeing under stress
- **Holy basil leaf** supports healthy and optimal blood sugar and inflammatory balance, both are components of healthy ovulation; traditionally used to support overall calm and healthy stress resistance

Indications: Normal ovulation is a function of a healthy and balanced body and supports fertile menstrual cycles; this adaptogenic botanical formula supports the body's natural processes.

Suggested Use: Two (2) capsules per day, with or without food.

Size ~ 60 capsules; UPC code ~ 7-08118-02239-5

Contact ~ 800.572.4712; email ~ info@vitanica.com



Supplement Facts

Serving Size 2 Capsules
30 Servings per Container

Amount per Serving		% Daily Value
Shatavari (<i>Asparagus racemosus</i>) root extract	500 mg	†
Tribulus (<i>Tribulus terrestris</i>) fruit	400 mg	†
Chaste tree (<i>Vitex agnus-castus</i>) berry	220 mg	†
Rhodiola (<i>Rhodiola rosea</i>) root	100 mg	†
Holy basil (<i>Ocimum sanctum</i>) leaf	100 mg	†

† Daily Value not established

Other ingredients: Vegan capsule (HPMC, water), calcium laurate, silica.

Ovulation Assist™ is suitable for vegetarians and vegans.