

VITANICA® ~ OPTINOSITOL®



Optinositol® offers both Myo-inositol and D-chiro-inositol in support of normal, healthy ovulation and maintenance of healthy insulin levels.

Featured Ingredients:

- **Myo-inositol** supports healthy ovulation regulation; maintains healthy levels of total and free testosterone; maintains healthy insulin sensitivity and glucose uptake
- **D-chiro-inositol** maintains healthy total and free testosterone, androstenedione and prolactin; supports healthy ovulation regulation; maintains healthy insulin sensitivity and glucose uptake
- **Myo-inositol** and **D-chiro-inositol** support healthy oocyte quality
- Research indicates these two forms of inositol together are more supportive for maintaining insulin sensitivity than one form alone.

Supplement Facts

Serving Size 1 scoop (approx. 4.25 g)

Servings per Container (approx. 30)

Amount per scoop		% Daily Value
Myo-Inositol	4000 mg	†
D-Chiro Inositol	100 mg	†

† Daily Value not established

OPTINOSITOL® is suitable for vegetarians and vegans.

Indications: Healthy ovulation and insulin levels are two important components in the fertility process. Myo-inositol and d-chiro-inositol support these processes and promote oocyte quality.

Suggested Use: One (1) scoop per day. Mix into water or juice and stir well until completely dissolved before drinking. Maybe taken with or without food.

Size ~ 4.5 ounces; UPC code ~ 7-08118-01242-6

Contact ~ 800.572.4712; email ~ info@vitanica.com