

# VITANICA® ~ PREGNANCY PREP™

Ideal planning for pregnancy involves promoting regular ovulation and supporting optimal uterine health and tone in preparation for fertilization and pregnancy.

## Featured Ingredients:

- Regular ovulation is promoted with **Chaste tree berry** and **Tribulus**. Tribulus has research supporting this function and shows better results for women who took it with the ovulation-stimulating hormonal drug
- Uterine tone and hormonal balance is supported with botanicals: **Motherwort, Dong quai, Maca root** and **Alfalfa**
- **Red raspberry leaf** has centuries of traditional use in supporting the uterus in preparation for pregnancy
- **Rhodiola** is included for general endocrine system support and because research does indicate its support in fertility
- **Enzymes** are included to promote better nutrient uptake

**Indications:** In preparation for pregnancy women can optimize their fertility by supporting regular ovulation and the overall health and tone of the uterus with time-honored and scientifically researched botanicals.

**Suggested Use:** 2 capsules, once or twice daily.

Size ~ 60 caps; UPC code ~ 7-08118-01235-8

Size ~ 120 caps; UPC code ~ 7-08118-01236-5

Contact ~ 800.572.4712; email ~ [info@vitanica.com](mailto:info@vitanica.com)



## Supplement Facts

Serving Size 2 Capsules, 60 Servings per Container

Amount per Serving		% Daily Value
Tribulus terrestris whole plant extract	750 mg	†
Chaste tree ( <i>Vitex agnus-castus</i> ) berry extract	240 mg	†
Rhodiola ( <i>Rhodiola rosea</i> ) root extract	100 mg	†
Maca ( <i>Lepidium meyenii</i> ) root extract (4:1)	80 mg	†
Dong quai ( <i>Angelica sinensis</i> ) root extract (4:1)	45 mg	†
Motherwort ( <i>Leonurus cardiaca</i> ) leaf	45 mg	†
Red raspberry ( <i>Rubus idaeus</i> ) leaf powder	45 mg	†
Alfalfa ( <i>Medicago sativa</i> ) aerial parts extract	10 mg	†
Amylase	2000 SKB	†
Protease	7500 HUT	†
Lipase	25 FIP	†
Cellulase	25 CU	†
Lactase	250 ALU	†

† Daily Value not established

Other ingredients: Vegan capsule (hydroxypropyl methylcellulose, water), microcrystalline cellulose, L-leucine.