

VITANICA® ~ OSTEOBLEND®



A holistic approach to supporting bone health and integrity with a full complement of supportive vitamins and minerals. Minerals and supporting cofactors are important in maintaining bone health.

Featured Ingredients:

- The amount of **Calcium** in our formula takes into account a woman's dietary intake as well as the supplemented amount. In general, we consume 500 mg of calcium from our diet. The 600 mg OsteoBlend provides (at 2 caps twice per day) meets most daily requirements without getting an excessive amount
- **Vitamin D** and **Magnesium** are two of the most important cofactors supporting bone health and calcium utilization in the body
- **Vitamin K** is another strong contributing factor in the maintenance of bone health, promoting the production of osteocalcin
- Important trace minerals and vitamins: **Manganese, Boron, Zinc, Copper,** and **Vitamin B6** and **Methylated Folate (as L-5-MTHF)**

Indications: Naturally and holistically promotes the maintenance of healthy bone structure and integrity with this thoughtful and complete formula.

Suggested Use: 2 capsules twice per day; to be taken with meals.

Size ~ 120 caps; UPC code ~ 7-08118-01065-1

Size ~ 240 caps; UPC code ~ 7-08118-01066-8

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