

# VITANICA® ~ IMMUNE SYMMETRY™



This versatile formula combines scientific and traditionally used herbs and nutrients to promote immune system maintenance and good health. Especially helpful during times of stress, for good health maintenance.\*

## Featured Ingredients:

- Both **Vitamin A** and **Natural mixed carotenoids** offer well-researched immune system support, including white blood cell function
- **Vitamin C** and **Vitamin E** are powerful antioxidants, supported by research to promote healthy immune function on a cellular level
- Research shows maintaining healthy levels of certain B Vitamins supports healthy immune system function overall: **B6, B12** and **Methylated Folic acid (L-5 MTHF)**
- Botanical support from well-researched herbs and traditionally honored herbs for immune health: **Echinacea, Astragalus, Myrrh, Garlic, Oregon grape root, Green tea, Eleutherococcus** and **Licorice root**

**Indications:** A robust formula with nutrients and botanicals in support of maintaining healthy immune system function.\*

**Suggested Use:** 2 capsules, 1-3 times daily.

Size ~ 60 caps; UPC code ~ 7-08118-01175-7

Contact ~ 800.572.4712; email ~ [info@vitanica.com](mailto:info@vitanica.com)

## Supplement Facts

Serving Size 2 Capsules  
30 Servings per Container

Amount per Serving		% Daily Value
Vitamin A (as natural mixed carotenoids, retinyl palmitate) (Pro Vitamin A 178 mcg)	658 mcg	73
Vitamin C (as calcium ascorbate)	450 mg	500
Vitamin E (as d-alpha tocopheryl succinate)	67 mg	447
Vitamin B6 (as pyridoxal-5-phosphate)	15 mg	882
Folate (as L-Methylfolate calcium)	340 mcg DFE	85
Vitamin B12 (as methylcobalamin)	50 mcg	2083
Calcium (as calcium ascorbate)	51 mg	4
Zinc (as zinc picolinate)	15 mg	136
Selenium (as L-selenomethionine)	65 mcg	118
Licorice ( <i>Glycyrrhiza glabra</i> ) root	150 mg	†
Garlic ( <i>Allium sativum</i> ) bulb extract	130 mg	†
Oregon grape ( <i>Berberis aquifolium</i> ) root	120 mg	†
Eleuthero ( <i>Eleutherococcus senticosus</i> ) root extract	100 mg	†
Bioflavonoids (from citrus)	100 mg	†
Echinacea ( <i>Echinacea purpurea</i> ) root	70 mg	†
Echinacea ( <i>Echinacea angustifolia</i> ) root extract	50 mg	†
Green tea ( <i>Camellia sinensis</i> ) leaf extract	50 mg	†
Astragalus ( <i>Astragalus membranaceus</i> ) root	30 mg	†
Myrrh ( <i>Commiphora molmol</i> ) gum resin	30 mg	†

† Daily Value not established  
Other ingredients: Vegan capsule (hydroxypropyl methylcellulose, water), calcium laurate, silica.