

# VITANICA® ~ GABA EASE™



Contains the best researched herbs and nutrients in promotion of calming, plus general nervous system tonic support. Especially helpful during travel, hormonal irritability and stressful times.

## Featured Ingredients:

- **GABA (Gamma-aminobutyric acid)** is the primary inhibitory neurotransmitter in the central nervous system
- **Vitamin B6** supports GABA production in the brain
- **L-Theanine**, the main amino acid found in green tea, has historical use for its calming and relaxing effect
- Supportive herbal nerve tonics: **Passionflower, Skullcap and Hops**

**Indications:** Promotes a calming effect for occasional stress, nervous tension and hormonal irritability.

**Suggested Use:** 2 capsules, 1 or 2 times per day.

Size ~ 60 caps; Item code ~ 7-08118-01302-7

Size ~ 15 caps; Item code ~ 7-08118-1303-4

Contact ~ 800.572.4712; email ~ [info@vitanica.com](mailto:info@vitanica.com)