

VITANICA® ~ GABA EASE™



Contains the best researched herbs and nutrients in promotion of calming, plus general nervous system tonic support. Especially helpful during travel, hormonal irritability and stressful times.

Featured Ingredients:

- **GABA (Gamma-aminobutyric acid)** is the primary inhibitory neurotransmitter in the central nervous system
- **Vitamin B6** supports GABA production in the brain
- **L-Theanine**, the main amino acid found in green tea, has historical use for its calming and relaxing effect
- Supportive herbal nerve tonics: **Passionflower, Skullcap and Hops**

Indications: Promotes a calming effect for occasional stress, nervous tension and hormonal irritability.

Suggested Use: 2 capsules, 1 or 2 times per day.

Size ~ 60 caps; Item code ~ 7-08118-01302-7

Size ~ 15 caps; Item code ~ 7-08118-1303-4

Contact ~ 800.572.4712; email ~ info@vitanica.com

Supplement Facts

Serving Size 2 Capsules,
30 Servings per Container

Amount per Serving		% Daily Value
Vitamin B6 (as pyridoxine HCl)	25 mg	1470
GABA (Gamma-Aminobutyric Acid)	750 mg	†
Passionflower (<i>Passiflora incarnata</i>) aerial parts extract (4:1)	150 mg	†
Hops (<i>Humulus lupulus</i>) strobile extract (4:1)	150 mg	†
Skullcap (<i>Scutellaria lateriflora</i>) aerial parts extract (4:1)	150 mg	†
L-Theanine	100 mg	†

† Daily Value not established

Other ingredients: Vegan capsule (hydroxypropyl methylcellulose, water), calcium laurate.