## VITANICA® ~ FLORA SYMMETRYTM



This multi-species, yet precise blend of probiotic cultures supports healthy & normal microflora ecology in the intestinal environment.

## **Featured Ingredients:**

- Lactobacilli and bifidobacteria species are vital components of healthy intestinal microflora in individuals of all ages and races
- Lactobacilli promote improved tolerance of lactose, increased intestinal muscle movements (peristalsis) and promote the evacuation of stool from the bowels
- **HOWARU**® is a brand of specific probiotic strains with proven research for digestive immune support. We are utilizing the **HOWARU Bifido**®, which is tested to ensure intestinal delivery and colonization
- Contains 10 billion live organisms per capsule
- Continued research over the last 50+ years has demonstrated, ingestion of specific strains of bacteria, i.e. probiotics, improves microflora, therefore can promote improved digestive functions

**Indications:** Promotes the healthy balance of organisms in the gut with specific multiple species blend; supports an optimal intestinal barrier immune response and optimal digestive health.

Suggested Use: 1 capsule daily orally. More may be taken as directed by a health care practitioner.

Size ~ 60 caps; Item code ~ 7-08118-01317-1 Contact ~ 800.572.4712; email ~ info@vitanica.com

## **Supplement Facts**

Serving Size 1 Capsule, 60 Servings per Container

| Amount per Serving                  |                |     | Daily<br>Value |
|-------------------------------------|----------------|-----|----------------|
| Lactobacillus acidophilus (La-14)   | 500 million    | CFU | †              |
| Bifidobacterium lactis, HOWARU® (HN | 019) 5 billion | CFU | +              |
| Lactobacillus salivarius (Ls-33)    | 3 billion      | CFU | †              |
| Lactobacillus rhamnosus (Lr-32)     | 500 million    | CFU | †              |
| Bifidobacterium breve (Bb-03)       | 500 million    | CFU | †              |
| Lactobacillus plantarum (Lp-115)    | 500 million    | CFU | †              |

Other ingredients: Microcrystalline cellulose, vegan capsule (hydroxypropyl methylcellulose, water), I-leucine, silica.

† Daily Value not established