

VITANICA® ~ DOPAMINE ASSIST™



Dopamine Assist supports the body's natural production of dopamine, one of the body's primary catecholamines, and essential for balanced central nervous system function in the areas of motivation, attention, learning, mood and sleep.

Featured Ingredients:

- **Mucuna pruriens** is a botanical naturally promoting production of the metabolic precursor to dopamine, which crosses the blood brain barrier
- **Tyrosine** is a non-essential amino acid, easily synthesized in the body from phenylalanine and then converted into dopamine, epinephrine, and norepinephrine; when taken as a supplement, it does not have to compete with other amino acids, as it does when it is present in foods
- **Tyrosine, Vitamin B6, Green tea, Quercetin and Folate (L-5-MTHF)** are all synergistic ingredients in maintaining dopamine and promoting a restored and balanced neurotransmitter environment in the brain

Supplement Facts

Serving Size 2 Capsules
30 Servings per Container

Amount per Serving		% Daily Value
Vitamin B-6 (as pyridoxal-5-phosphate)	25 mg	1471
Folate (as (6S)-5-methylfolate, glucosamine salt)	1600 mcg DFE	400
L-tyrosine	800 mg	†
Velvet bean (<i>Mucuna pruriens</i>) seed extract	425 mg	†
Green tea (<i>Camellia sinensis</i>) leaf extract (98% polyphenols, 70% EGCG)	100 mg	†
Quercetin	100 mg	†

† Daily Value not established

Other ingredients: Vegan capsule (HPMC, water), organic rice blend.

Indications: The ingredients in this formula are selected due to their known effects of promoting the mechanisms that bring about the desired positive support on the delicate balance of brain neurotransmitter chemistry. It is important that all neurotransmitters be balanced to support mental, emotional and physical health, day to day and for future wellness.

Suggested Use: 2 capsules daily.

Size ~ 60 caps; UPC code ~ 7-08118-01355-3

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