

VITANICA[®] ~ CRAMP BARK EXTRA[™]

Utilizing the rich history of traditional medicine, and combined with empirical data, this thoughtful formula supports a healthy uterine response to smooth muscle contractions during menses.

Featured Ingredients:

- **Valerian root, Cramp bark, Black cohosh** and **Ginger root** offer traditional soothing and tonic support for the uterus
- Research indicates **Vitamin B3 (niacin)** as promoting a healthy uterine response during menses; **Vitamin C** and **Rutin** seem to support the positive effect niacin has on the uterus
- A little extra **Calcium** and **Magnesium** offers gentle musculoskeletal relaxation support
- **Vitamin B6** promotes relaxation and **Vitamin E** is strongly indicated in research for healthy menstrual uterine tissue

Indications: Promotes healthy uterine tissues and a healthy response to muscle contractions with nutritional science and traditional herbal support.

Suggested Use: 1-3 capsules every three hours; up to four times daily during menstruation.

Size ~ 60 caps; UPC code ~ 7-08118-01025-5

Size ~ 15 caps; UPC code ~ 7-08118-01026-2

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