

# VITANICA® ~ BITTERS EXTRA™

Traditional bitter herbs promote healthy digestion. Includes a full complement of plant-based digestive enzymes to support digestive functions more fully - in a convenient, easy to take capsule.

## Featured Ingredients:

- Traditional herbal bitters formulas support liver and gallbladder function, promote calming digestive health and act as a gentle, natural laxative: **Artichoke leaf, Gentian root, Burdock root, Dandelion root, Yellow dock root, Chamomile flower**
- **Turmeric root** is a traditional Asian botanical, also with modern research, supporting digestion and health in general
- Aromatic and sweet herbs play an important role in traditional bitters blends: **Cardamom, Ginger, Fennel**
- Includes a full profile of **plant based digestive enzymes**, offering a thoughtful and well-rounded approach to supporting digestion

**Indications:** Good digestion is a foundation of good health. Traditional herbal bitters are a popular, natural way to support digestion. The convenient capsule makes it easy to take daily or as needed, with meals.

**Suggested Use:** 1 or 2 capsules as needed with meals.

Size ~ 30 caps; UPC code ~ 7-08118-01320-1

Size ~ 90 caps; UPC code ~ 7-08118-01321-8

Contact ~ 800.572.4712; email ~ [info@vitanica.com](mailto:info@vitanica.com)



## Supplement Facts

Serving Size 2 Capsules, 45 Servings per Container

Amount per Serving		% Daily Value
Artichoke ( <i>Cynara scolymus</i> ) leaf	150 mg	†
Dandelion ( <i>Taraxacum officinale</i> ) root	150 mg	†
Yellow dock ( <i>Rumex crispus</i> ) root	150 mg	†
Gentian ( <i>Gentiana lutea</i> ) root	100 mg	†
Ginger ( <i>Zingiber officinale</i> ) rhizome	100 mg	†
Burdock ( <i>Arctium lappa</i> ) root	100 mg	†
Fennel ( <i>Foeniculum vulgare</i> ) seed	50 mg	†
Chamomile ( <i>Matricaria recutita</i> ) flowers tops	50 mg	†
Turmeric ( <i>Curcuma longa</i> ) root	50 mg	†
Cardamom ( <i>Elettaria cardamomum</i> ) seed	15 mg	†
Amylase	10,000 SKB	†
Protease	50,000 HUT	†
Cellulase	8,000 CU	†
Bromelain	100 GDU	†
Lipase	4,000 FIP	†
Phytase	25 U	†
Lactase	1,000 ALU	†
Invertase	1,500 SU	†

† Daily Value not established

Other ingredients: Vegan capsule (hydroxypropyl methylcellulose, water), microcrystalline cellulose, L-leucine.