

# VITANICA® ~ RAUWOLFIA EXTRA™



Our Rauwolfia formula provides botanicals and nutrients well known to maintain healthy blood pressure and support a healthy cardiovascular system.

## Featured Ingredients:

- **Magnesium** is one of the best nutrients indicated to maintain healthy blood pressure and **Riboflavin (B2)** is also shown to be supportive
- **Rauwolfia serpentina**, or Indian snake root, is a well-known traditional herb for maintaining and supporting healthy blood pressure
- **Grape seed** can promote the production of nitric oxide, which promotes a relaxing effect in the arteries; **Passionflower** promotes calming as well
- Other supportive botanicals: **Olive leaf**, **Garlic**, **Hawthorn berry**, **Hibiscus flower** and **Dandelion leaf**

## Supplement Facts

Serving Size 1 Capsule, 90 Servings per Container

Amount per Serving		% Daily Value
Riboflavin (Vitamin B2) (as riboflavin-5-phosphate)	530 mcg	40
Magnesium (as citrate)	25 mg	6
Indian snakeroot ( <i>Rauwolfia spp.</i> )	185 mg	†
Olive ( <i>Olea europaea</i> ) leaf extract	165 mg	†
Garlic ( <i>Allium sativum</i> ) bulb (10,000 ppm allicin potential)	80 mg	†
Hawthorn ( <i>Crataegus pinnatifida</i> ) berry extract	30 mg	†
Hibiscus ( <i>Hibiscus sabdariffa</i> ) flower extract	25 mg	†
Grape ( <i>Vitis vinifera</i> ) seed extract	25 mg	†
Dandelion ( <i>Taraxacum officinale</i> ) leaf extract (4:1)	25 mg	†
Terminalia arjuna ( <i>Terminalia arjuna</i> ) bark extract	15 mg	†
Passionflower ( <i>Passiflora incarnata</i> ) herb extract (4:1)	15 mg	†
Co-enzyme Q10	10 mg	†

† Daily Value not established

Other ingredients: Vegan capsule (HPMC, water), silica, L-leucine.

**Indications:** Maintains healthy blood pressure with botanicals and nutrients known to support the strength and elasticity of the cardiovascular system.

**Suggested Use:** One (1) capsule, up to three times daily, or as directed by your healthcare practitioner.

Size ~ 90 caps; UPC code ~ 7-08118-01155-9

Size ~ 180 caps; UPC code ~ 7-08118-01156-6

Contact ~ 800.572.4712; email ~ [info@vitanica.com](mailto:info@vitanica.com)

**Rauwolfia Extra™ is suitable for vegetarians and vegans.**