

VITANICA® ~ OPTI-RECOVERY™



Opti-Recovery™ supports a healthy tissue response, promoting a healthy recovery after surgery, including dental procedures, trauma, biopsies, etc.

Featured Ingredients:

- **Vitamin C** is one of the most important vitamins supporting skin and connective tissue; it is a building block of collagen
- **Vitamin A** is a prominent antioxidant supporting healthy tissues; we utilize a full complement of carotenoids, called Pro-Vitamin A
- **Zinc, Vitamin D, Vitamin E, and Vitamin K** are key ingredients in maintaining healthy tissues, especially post trauma
- **Bromelain** maintains a healthy inflammation response in the tissues
- **Bioflavonoids** play a role in maintaining a healthy tissue response
- **Echinacea** is included for its immune supportive properties, especially important after trauma and/or surgeries

Indications: For people about to undergo surgery, including biopsy and dental surgery - or for people wanting to support tissue healing post-surgery or injury - this formula offers nutritional and botanical ingredients to promote and maintain healthy inflammation and tissue health.

Suggested Use: 3 capsules daily, as needed.

Size ~ 60 caps; UPC code ~ 7-08118-01140-5

Contact ~ 800.572.4712; email ~ info@vitanica.com

Supplement Facts

Serving Size 3 Capsules, 20 Servings per Container

Amount per Serving		% Daily Value
Pro-Vitamin A (as natural mixed carotenoids)	10,000 IU	200
Vitamin C (as calcium ascorbate, buffered)	250 mg	416
Calcium (carbonate)	150 mg	15
Vitamin D-2 (ergocalciferol)	100 IU	25
Vitamin E	100 IU	333
Vitamin K-1 (phyloquinone)	100 mcg	125
Zinc (as picolinate)	20 mg	133
Bromelain	2,400 GDU	†
Citrus bioflavonoids	100 mg	†
Echinacea root ~ Echinacea augustifolia	50 mg	†
Echinacea root ~ Echinacea purpurea	50 mg	†

† Daily Value not established

Other ingredients: Vegetarian capsule (cellulose, water), l-leucine, silica.

Opti-Recovery™ is suitable for vegetarians and vegans.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.