



One of the most diverse nutrients, CoQ10 is an essential component of the mitochondria in our cells and therefore supports several systems in our bodies, including cardiovascular, endocrine, and immune support.

Featured Ingredients:

- Each capsule contains a therapeutic dose of 100 mg of **CoQ10** to promote healthy, optimal mitochondrial function
- **Vitamin E** and **Vitamin C** support maximum antioxidant activity when combined with CoQ10; Vitamin E also supports enhanced bioavailability
- **Lipase** is included to support better absorption since CoQ10 is a fat soluble nutrient
- Research shows positive support for CoQ10 in the cardiovascular, endocrine and immune systems, as well as maintenance for periodontal health

Indications: With all its wide-ranging and supporting benefits for adults, the main benefits of CoQ10 are related to its antioxidant properties and to promoting enhanced energy production in the cells.

Suggested Use: 1 capsule daily with a meal, or as directed by your healthcare practitioner.

Size ~ 60 caps; UPC code ~ 7-08118-01241-9

Contact ~ 800.572.4712; email ~ info@vitanica.com

Supplement Facts

Serving Size: 1 Capsule Servings per Container: 60

Amount per Serving % Daily Value		
Vitamin C (as calcium ascorbate)	200 mg	222
Vitamin E (as d-alpha tocopheryl succinate)	33.5 mg	223
Calcium (as calcium ascorbate)	23 mg	2
Coenzyme Q10 (as ubiquinone)	100 mg	†
Lipase	300 FIP	†
† Daily Value not established		

Other ingredients: Vegetarian capsule (HPMC, water), microcrystalline cellulose, silica, l-leucine.

CoQ10 Extra™ is suitable for vegetarians and vegans Our CoQ10 is:

- Bio-identical to the body's own CoQ10*
- Derived from biological fermentation*